

Self-Help Techniques for Reducing Stress and Pain

THE TOP TEN PAIN RELEASERS

INTEGRATING MASSAGE & TOUCH FOR HEALTH KINESIOLOGY

A fun and powerful workshop that will introduce you to a wide variety of simple and highly effective techniques for relieving stress and pain. Quality muscle testing will be taught along with many skills from Touch for Health kinesiology, polarity, acupressure reflexes, and energy healing. Techniques include:

Auricular massage, Meridian tracing, Neurovascular emotional balancing, Specific Neuromuscular Reset Technique, Neurolymphatic massage and the Brazilian Toe Massage....and more!

When: Saturday September 17, 2011

Time: 10:00-6:00 (8 contact hours)

Cost: \$133 (\$125 if paid in full by August 17,2011)
+ \$12 for manual sold by instructor

Where: Blue Ridge School of Massage and Yoga
2001 S Main St # 106
Blacksburg, VA 24060-6667

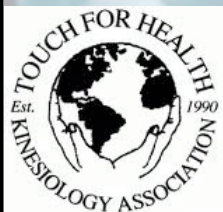
Instructor: Barry LaPlante,CMT,PKP

Contact: Blue Ridge School
(540)552-2177

For more classes see
www.itouchforhealth.com/laplante

"This book presents safe, effective techniques to relieve pain and promote the feeling of well-being in a format that is easy to use by the novice." -Dr. John Thie / Founder of Touch for Health

For more info go to www.tfhka.org



TFHKA is a continuing education approved provider for:
Massage Therapists - NCBMBT #050467-00
RN's & LPN's - CA board of Nursing #CEP 13015
Acupuncturists - NCCAOM #947

