

Self-Help Techniques for Reducing Stress and Pain

THE TOP TEN PAIN RELEASERS

INTEGRATING MASSAGE & TOUCH FOR HEALTH KINESIOLOGY

A fun and powerful workshop that will introduce you to a wide variety of simple and highly effective techniques for relieving stress and pain. Quality muscle testing will be taught along with many skills from Touch for Health kinesiology, polarity, acupressure reflexes, and energy healing. Techniques include:

Auricular massage, Meridian tracing, Neurovascular emotional balancing, Specific Neuromuscular Reset Technique, Neurolymphatic massage and the Brazilian Toe Massage....and more!

When: Saturday February 11, 2012

Time: 10:00-6:00 (8 contact hours)

Cost: \$95

+ \$12 for manual sold by instructor

Where: Advanced Fuller School of Massage Therapy
Virginia Beach , VA

Instructor: Barry LaPlante,CMT,PKP

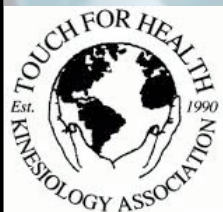
Contact: Fuller School
(757)340-3080

For more classes see

www.itouchforhealth.com/laplante

"This book presents safe, effective techniques to relieve pain and promote the feeling of well-being in a format that is easy to use by the novice." -Dr. John Thie / Founder of Touch for Health

For more info go to www.tfhka.org



TFHKA is a continuing education approved provider for:
Massage Therapists - NCBMBT #050467-00
RN's & LPN's - CA board of Nursing #CEP 13015
Acupuncturists - NCCAOM #947

